**Irish Division 2 – Coaches Report**

A huge well done to all who competed at the Irish Age Groups Division 2. It took place from the 6th – 10th July 2022 in Limerick. We had 9 swimmers qualify for the National Meet

* Lucie O’Keeffe
* Ciara O’Connor
* Ellen Morgan
* Grace Gill
* Anastasia Nikishkina
* Tom Brown
* Julek Lewandowski
* Ryan McCarthy
* Finn Casey

Of the 9 who qualified the following 4 swimmers competed across 9 events

* Tom Brown – 50 Free
* Ellen Morgan – 50 Free
* Julek Lewandowski – 50 Free, 100 Free, 200 IM
* Finn Casey - 100 BC, 200 BC

From a performance perspective

**Tom Brown** – Personal Best

**Ellen Morgan** – Personal Best

**Julek Lewandowski** – Personal Best in 2 events

**Finn Casey** – 5.5 second PB in 100 BC, placing 3rd in Ireland in the 14-Year-Old age group.

 16.1 second PB in 200 BC, placing 2nd in Ireland in the 14-Year-Old age group

All 4 represented Portmarnock with distinction and it was a pleasure to see them perform at such a high level at a young age. The group have a great future in swimming and look forward to working with them all in September.