



### **Dave McCullagh 2023**

The Dave McCullagh meet is the 1<sup>st</sup> National meet of the long course season. Over 600 athletes competed across the 3 day meet. There was a very high standard of swimming with past Olympians, Irish and British Champions attending this meet. The McCullagh meet was seen as a stepping stone towards the Time Trial / Olympic Qualifying Meet in April 2023.

Portmarnock were represented by

#### **Megan Jones**

- Competed in 2 events, Women's 100 Breaststroke & 400 IM
- P.B in both events
- 6<sup>th</sup> Place in Women's 400 IM A Final & 9<sup>th</sup> Place in Women's 100 Breaststroke A Final

#### **Ava Jones**

- Competed in 2 events, Women's 100 Freestyle & Women's 100 Breaststroke
- P.B in both events
- 9<sup>th</sup> place in Women's Open 100 Freestyle & 7<sup>th</sup> in Women's 100 Breaststroke A Final

#### **Sarah Keane**

- Competed in 3 events, Women's 400 IM, Women's 200 IM and Women's 200 Backcrawl
- Equalled PB in 200 IM & reserve in Women's Open B Final

#### **Lucie O'Keeffe**

- Competed in 2 events, P.B in both events
- 1<sup>st</sup> place in Junior 400 Freestyle and 6<sup>th</sup> in the Junior 200 IM

#### **Finn Casey**

- Competed in the Boys Junior 200 Backcrawl
- 10<sup>th</sup> place in the Boys Junior 200 Backcrawl Final

Despite the magnitude of the event and the high calibre of swimming all 5 swimmers performed extremely well and beyond expectations for this time of year. I would like to thank Helena for her help with coaching during the meet and also to the team managers, Patricia Jones, Siobhan Casey and Martina O'Keeffe.

Once again we were hugely impressed with the performances and look forward to the National Time Trials in April for which Portmarnock will compete at

Paul